

Grant Application

3M Littman Stethoscope Leadership Development Grant

Purpose of the Grant

**Capital University Student Nurses Association
Columbus, OH**

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Chapter Advisor
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Overall Purpose of the Project

The purpose of the proposed project is to provide an educational and mentorship experience for faculty and students regarding the integration of holistic nursing philosophy and principles into nursing education curricula. Through activities proposed in this project, the Capital University Student Nurses Association (CUSNA) will be able to implement the 2016 NSNA Resolution entitled “Encouraging Nursing Schools to Implement Holistic Nursing Components into the Curricula.” This resolution was written and presented to the NSNA House of Delegates by two CUSNA / Ohio Student Nurses Association (OhSNA) Board Members who are now alumni. Specifically we intend for our program to not only “encourage nursing programs to include the core values of holistic nursing into the development of an integrative practice model”, but also to provide “how-to” tools and strategies for accomplishing this goal.

Goals of NSNA Enhancement/ Leadership Development

By the end of this project, student participants and leaders will be able to:

1. Work collaboratively with nursing and nursing student leaders in their own and other schools of nursing and nursing/community organizations.
2. Outline the planning and activities required for developing and providing a successful educational conference.
3. Mentor other students in implementing self-care strategies and holistic client care

Measurable Strategies to Achieve Goals

We plan to develop and implement an educational program on “integration of holistic principles into prelicensure nursing school curricula” for faculty-student dyads. We will be using a “train the trainer” approach. The one-day educational conference will be free to participants, but enrollment will be limited to around 20-25 faculty-student dyads, for a total of 50 participants. After the conference, we will have a program of individualized follow-up and mentorship for at least 2 – 3 months in which student and faculty program leaders will contact program participants (via email, phone call, conference call) to offer support and encouragement as needed. The purpose of this strategy is to role model individualized and holistic focus on each participant. Potential participants will apply for the program by completing an application that includes professional background information, and goals statements indicating how they plan to use the information and experienced gained from the workshop. Continuing education credits will be provided free of charge to faculty participants, as will healthy snacks and a light lunch.

The workshop will include a couple of plenary sessions of interest to both students and faculty (Overview of holistic philosophy, core principles and concepts) and breakout sessions that may be focused more towards faculty (teaching strategies for integrating essential holistic principles) or students (mentoring and inspiring peers in holistic nursing and self-care) or both (self-care or stress management strategies). The schedule will allow time for reflection, relaxation, and meditation.

CUSNA will be working collaboratively with the Capital University faculty and local/national leaders of the American Holistic Nurses Association (AHNA) and American Holistic Nurses Credentialing Corporation (ANCC) in planning this program. These organizations have already developed many of the materials and presentations that we would like to use, and are enthusiastically supportive of our planned endeavor. They are willing to help with advertising and providing resources (e.g., speakers, materials) at a discounted or pro bono rate. As an AHNCC-endorsed school since 2009, Capital University Department of Nursing enjoys a respectful and supportive connection with AHNA/AHNCC.

Budget/ Budget Narrative

Item	Estimated Amount
Speaker Honorariums	\$900
Refreshments	\$800
Publicity/Advertisements	\$400
Printing – Teaching and Program Materials	\$400

Speaker Honorarium. We plan to negotiate for discounted speaking fees, but we will most likely have at least 1-2 national speakers who will require coverage of expenses if not honorarium. We may have some presenters speaking through webconferencing.

Refreshments. Morning and afternoon snacks and light lunch for 40-50 people, based on our recent experience with on-campus and off-campus catering services.

Publicity/Advertisements. We want to advertise this program through Ohio and neighboring states. We would like to have more applicants than spaces available. We hope that people will value the experience more if they believe it is an honor to be selected.

Printing of Teaching Materials, etc. We can do some limited printing free of charge, but some printing expenses need to be included for participant packets. We will make every effort to be as “green and earth-conscious” as possible.

Conference Services. Rooms, audiovisual equipment, and staff support for conference services are provided free of charge to bonafide Capital University student organizations. This is one of the reasons we have had the OhSNA convention at our school for the past 2 years.

Timetable & Evaluation Methods

Summer 2019: Planning:

- Identify Planning Committee Leaders and Chairs – Both student and faculty. Set meeting dates and modalities
- Arrange Date and Reserve Venue for Conference

- Identify Topics and Speakers – Negotiate Speaker arrangements r/t honorariums, costs, mutual expectations
- Plan and design publicity strategies – Design brochures for online and print, determine method and scope of distribution. Plan to distribute by August 15th (just before school starts)

September – October 2019

- Prepare training for faculty, nurses, and leaders who may be serving as mentors or leading breakout sessions or round table discussions
- Prepare and submit CE application
- Mid-October – Reminders/ Second Wave of Publicity and Application Distribution. Booth at OhSNA Convention.

November – December 2019

- Conduct training and orientation for faculty/nurses/students who will be serving as conference mentors or leading breakout sessions
- November 15 – Deadline for Applications Received
- December 1st – Selection. Notification Letters to be sent by December 15th
- Recruitment of onsite volunteers for day of conference – registration, hosts, room moderators, etc.

January-February 2020

- January 15th – Deadline for RSVP accepting invitation. Fill vacancies with waitlist
- Gathering and printing of teaching materials
- Communication with participants about preparation and what to expect
- Orientation of on-site volunteers
- Plan host chapter welcoming activities for visiting students and faculty.
- Assign mentors for faculty and student participants

March 2020

- **Onsite Workshop!**
- **Conference Evaluation**

March 2020 – June 2020

- Follow up between leaders/mentors and participants – at least 2-3 emails or conference call or phone call to follow-up on participant goals and offer encouragement and support.
- Prepare and submit Final Report/ Imprint Article

Methods of Evaluation of Above Activities

- Quality of finished product as applicable (brochures, teaching materials, publicity, audiovisuals, etc.)
- Recruitment of target number of participants (20 dyads)
- Participant Evaluations (not only of Conference, but also orientation sessions for mentors/leaders, volunteers, etc.)
- Debriefing and Evaluation Meeting of Project Leaders after Conference.

Application of Leadership Principles

Students will have many opportunities to apply leadership principles throughout this project. They will be working as equal colleagues with faculty and nursing organizational leaders to plan, implement, and evaluate all phases of this project. Students will be serving as mentors to other students participating in the workshop. They will be able to demonstrate both leadership and holistic nursing principles as they follow up with student participants after the conference. They will learn as much as they want to learn (and more) about the meticulous and dynamic organizational skills that are required to develop and coordinate a project and professional conference.